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TRAINING: The SSF should only be used by persons who have been properly trained. You may obtain training through CAMS-care.

CAMS SUICIDE STATUS FORM–4 (SSF-4) TRACKING/UPDATE INTERIM SESSION

Patient: _____ Clinician: _____ Date: _____ Time: _____

Section A (*Patient*):

Rate and fill out each item according to how you feel right now.

1) RATE PSYCHOLOGICAL PAIN (*hurt, anguish, or misery in your mind, **not** stress, **not** physical pain*):	**Low pain:**	(1) (2) (3) (4) (5)	**:High pain**
2) RATE STRESS (*your general feeling of being pressured or overwhelmed*):	**Low stress:**	(1) (2) (3) (4) (5)	**:High stress**
3) RATE AGITATION (*emotional urgency; feeling that you need to take action; **not** irritation; **not** annoyance*):	**Low agitation:**	(1) (2) (3) (4) (5)	**:High agitation**
4) RATE HOPELESSNESS (*your expectation that things will not get better no matter what you do*):	**Low hopelessness:**	(1) (2) (3) (4) (5)	**:High hopelessness**
5) RATE SELF-HATE (*your general feeling of disliking yourself; having no self-esteem; having no self-respect*):	**Low self-hate:**	(1) (2) (3) (4) (5)	**:High self-hate**
6) RATE OVERALL RISK OF SUICIDE:	**Extremely low risk: (will *not* kill self)**	(1) (2) (3) (4) (5)	**:Extremely high risk (will kill self)**

In the past week:
Suicidal Thoughts/Feelings Y ◯ N ◯ Managed Thoughts/Feelings Y ◯ N ◯ Suicidal Behavior Y ◯ N ◯

Section B (*Clinician*):

Resolution of suicidality, if: current overall risk of suicide < 3; in past week: no suicidal behavior and effectively managed suicidal thoughts/feelings ◯ 1st session ◯ 2nd session

Complete **SSF Outcome Form at 3rd consecutive resolution session**

Patient Status:

TREATMENT PLAN UPDATE

☐ Discontinued treatment ☐ No show ☐ Canceled ☐ Hospitalization ☐ Referred/Other: _____

Problem #	Problem Description	Goals and Objectives	Interventions	Duration
1	*Self-Harm Potential*	*Safety and Stability*	*Stabilization Plan Completed* ☐	
2				
3				

Patient Signature Date Clinician Signature Date

From David Jobes, *Managing Suicidal Risk: A Collaborative Approach, Second Edition* © 2016 by The Guilford Press. www.guilford.com.